

# American Hiking Society's NATIONAL TRAILS DAY®

Outdoor Enthusiasts  
Moosehorn, ME



BS Troop 483  
North Country Trail, NY



Father and Son  
Patapsco Valley State Park, MD



American Hiking Society Staff  
HQ, Washington, DC



Backcountry Horsemen of Utah  
Kanab, UT



Family Volunteers  
Sweetwater State Park, GA



Volunteers; photo by M. Durana  
Golden Gate National Park, CA



Mother & Daughter Paddlers  
BLM Gila Box, AZ

## What is National Trails Day®?

American Hiking Society's National Trails Day (NTD), is a nationwide celebration of trails and an opportunity for you, your organization, business, or agency to celebrate our country's 200,000+ miles of trails by organizing or participating in an outdoor event in your area. Join the effort to promote healthy living, protect green space, and reinforce the importance of trails in your community.

## When is National Trails Day®?

The official date of National Trails Day® is always the first Saturday in June. This year, NTD will be held on Saturday, June 1, 2013.

## How much does it cost to register and who is an eligible host?

It's FREE! Any individual, group, club, organization or business with an interest in trail use may host a NTD event. Visit [AmericanHiking.org/NTD](http://AmericanHiking.org/NTD) to register your event today.

## How much does it cost to attend?

Public events are also FREE unless otherwise stated by the host in their event description.

## What are examples of common NTD events?

Examples include all non-motorized activities related to trail-recreation such as hikes, bike rides, trail maintenance, health fairs, educational workshops, children's programs, horseback rides, backpacking trips, river and paddling excursions, wildlife viewing, photography clinics, gear demonstrations and more! The possibilities are endless!

## How do I get started?

Visit [www.AmericanHiking.org/NTD](http://www.AmericanHiking.org/NTD) to learn more about National Trails Day®, to register an event, or to find one near you.

American Hiking Society's National Trails Day® is a nationally recognized trail awareness program that occurs annually on the first Saturday of June and inspires the public to discover, learn about, and celebrate trails while participating in outdoor activities, clinics, and trail stewardship projects. National Trails Day® is a registered trademark of American Hiking Society.



Hikers on the Finger  
Lakes Trail, NY



Bikers on the Bizz Johnson  
National Trail, CA



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