

Wear It Right: Choosing and Fitting a Life Jacket

Topics: Life Jackets

Target Age: All ages

Description:

Life Jackets Save Lives! Valuable water safety information is on this video including the five key steps to wearing it right. 1: Check The Label, 2: Check For Damage, 3: Fasten Up, 4: Check For Proper Fit, 5: Wear It. Know the water, Know your limits, and Wear a life jacket. This video is available from the USACE National Water Safety Program.

Source:

U.S. Army Corps of Engineers National Water Safety Program