

“The Adventures of Sandy and Sally”

TOPIC/SUBJECT: Water Safety Puppet Show

TARGET AUDIENCE/AGE LEVEL: 3 years and up

TIME: 15 minutes

THEME: Don't forget to play it safe while you are having fun at the beach.

GOAL/PURPOSE: To teach the importance of following rules and being safe.

OBJECTIVE(S): To inform the audience of the rules and safety habits when swimming or near water.

DESCRIPTION: Script

Sandy - Hi, my name is Sandy.

Sally - And I'm Sally.

Sandy - We're here to talk to you about water safety.

Sally - Yeah, and cool ways to enjoy your summer.

Sandy - And how to do it safely.

Sally - One of the best ways to keep cool is to go swimming. There's nothing like having the beach all to yourself, just swimming the day away and...

Sandy - Wait a minute, you don't go to the beach and swim alone?

Sally - Yeah, I do it all the time.

Sandy - Didn't you know that it could be dangerous and you could drown?

Sally - How's that?

Sandy - If you get into trouble in the water who would help? No one, and that can lead to a serious injury or even death.

Sally - I never thought of it that way, so do you think you can go with me to the beach?

Sandy - Sure, let's go, but first let's get life jackets to wear.

Sally - Oh, I don't need a life jacket. I can swim like a fish.

Sandy - Whenever you are around the water it's always best to wear a life jacket.

Sally - But I don't like them and they leave me with a bad tan line.

Sandy - Life jackets can be fun, whenever you get tired they can keep you afloat and they're also good to help us learn to swim.

Sally - Well okay, I guess I'll borrow my brother's life jacket, he won't mind.

Sandy - You can't wear that, look at it, it has holes in it and water will weigh it down when your swimming.

Sally - You're right. It's not safe to wear a worn out life jacket. I'll get Dad's jacket - it's new and I'll have plenty of room to move around in it.

Sandy - It's a good life jacket, but it's too big! You will slip right out of it, you need one that's not too big or too small, but one that fits you.

Sally - Okay, Okay, I'll get one for my size.

Sandy - That's better. Another thing to remember is to follow all safety rules of the beach.

Sally - What kind of rules?

Sandy - Like no food or glass bottles should be brought on to the beach.

Sally - You mean I can't eat when I go to the lake?

Sandy - You can eat but only in grassy areas so the beach doesn't become trashy and smelly from dropped food and wrappers.

Sally - What about drinks, can't I have a Pepsi or Kool-Aid?

Sandy - Sure, but only if they are in plastic or aluminum containers. Glass bottles can break causing serious injury to those who might step on the glass.

Sally - I see, it's best to keep the beach clean for everyone to enjoy.

Sandy - Yes, that's it! So everyone can have a good time and a safe beach to play on.

Sally - Okay, last one to the buoys is a rotten egg!

Sandy - Wait a minute, those buoys are not for playing on. They are there to keep swimmers in the swimming area where it's been cleaned from debris like sharp rocks and tree limbs, and to let boaters know not to come near the area. That's where you'll see no boat buoys floating outside the swimming area.

Sally - I guess it's wise for swimmers not to go past the buoy, because it's very dangerous.

Sandy - That's right. You can get hurt by a boat or sharp objects so stay in the swimming area.

Sally - I now understand how important it is to follow the rules to play it safe in and out of the water.

Sandy - Great! I hope all the boys and girls remember to be safe around the water.

Sally - Yeah, and to always take a buddy along when going to the lake.

Sandy - Let's Go! Have a safe and enjoyable summer.

SUGGESTED MATERIALS & EQUIPMENT: Two puppets, a box or puppet stand to stand behind, and life jackets (different sizes to show which one is the right one to wear).